

SHIAWASSEE COUNTY COMMUNITY MENTAL HEALTH AUTHORITY

POLICY AND PROCEDURE MANUAL

Section: Clinical

Policy Number: 7

Subject: **Treatment Planning**

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Policy

It is the policy of Shiawassee County Community Mental Health Authority (SCCMHA) that care will be delivered according to individualized treatment plans, specific to the consumer and program delivering care. A person-centered planning approach with consumer participation will be used in all plan development. Care and services will be provided by qualified and competent staff in the least restrictive setting possible, consistent with SCCMHA's mission, vision, and available resources. Treatment plans will be modified or terminated based on reassessment, the consumer's need for further care, or achievement of treatment plan goals.

Purpose

To ensure that care is tailored to the consumer's specific assessed needs, the severity of the condition, impairment or disability and is provided in accordance with an agreed upon treatment plan.

To ensure that treatment planning is standardized and consistently implemented across agency programs.

Application

This policy will apply to all SCCMHA programs.

Definitions

Care: Includes treatment, services, rehabilitation, habitation and any other interventions.

Treatment Plan: A plan, based on data gathered during the assessment(s), that identifies the consumer's care needs, describes the strategy for providing services to meet those needs, documents treatment goals and objectives and outlines the criteria for terminating specified interventions.

Standards

1. Treatment planning begins with the initial assessment.

2. Appropriate therapeutic interventions may begin before a full treatment plan is formulated.
3. The treatment plan reflects the consumer's clinical needs, condition, functional strength, and limitations.
4. The Individual Plan of Service (IPOS) includes assessment of the consumer's need for food, shelter, clothing, health care, individual and community safety needs, employment opportunities where appropriate, educational opportunities where appropriate, legal services and recreation.
5. Justification is documented when identified needs are not addressed.
6. The IPOS identifies any restrictions or limitations of the consumer's rights and includes documentation describing attempts to avoid restrictions as well as what action will be taken as part of the plan to ameliorate or eliminate the need for restrictions in the future. Restrictions, limitations or any intrusive behavior treatment techniques are reviewed by a formally constituted committee of mental health professionals with specific knowledge, training and expertise in applied behavioral analysis. [AR 7199 (2) (g)]
7. Consumers and guardian's families when indicated or persons chosen by the consumer to participate in developing their treatment plan. All participation is documented. Justification for exclusion of individuals chosen by the consumer to participate in the IPOS process will be documented in the case record.
8. Treatment Plans specify:
 - a. Goals based on assessments, the consumer's and, as appropriate, the family's desired outcomes.
 - b. Objectives for the goals which are behaviorally specific and measurable.
 - c. Time frames for achieving each objective.
 - d. Strategies and interventions necessary to meet objectives.
 - e. Persons responsible for implementing interventions.
 - f. Persons responsible for monitoring intervention implementation and intervals for monitoring.
 - g. Frequency of treatment procedures.
 - h. Frequency of review of the plan.

